

Having Sex Using a Condom.

Did you follow the instructions to put on a condom?

NO



yes

There should always be room at the tip.

Stay aware of the tip. If the condom gets tight then it's likely to break. If you feel it getting tight, pull out and gently pull on the tip. This will reduce pressure and make room for semen.

You can penetrate your partner.

- Hold the base of the condom as you penetrate.
- Make sure there is plenty of room at the tip.



When you are about to cum:
2 safe ways

Cum while you are still penetrating your partner. If you have left room, the semen will collect in the tip.
Hold the base and pull out of your partner, before you go soft.

Pull out and cum in the condom. This is good if you are worried about the condom breaking.

Move away from your partner and slowly remove the condom.

If the condom breaks:

- Don't panic.
- Pull out and wash genitals.
- Wash your hands.
- Women should not douche as this increases the chances of infection.
- If you are worried about pregnancy, consider using emergency contraception.

Condoms can clog the plumbing in your house. Latex condoms are biodegradable, but not under water, which is why it is not good to flush your used condoms. If condoms are flushed down the toilet and are not fished out early on in the water-recycling process, they can be sent out into the Atlantic, the Gulf, or some other larger body of water.

Wrap the condom in tissue or a paper towel and throw it in the trash.
Do NOT flush a condom down the toilet!
Wash your hands.

Both you and your partner should **wash your genitals** before having any more contact.