



Food Pantries

Feeding America

- ◆ Assist with finding food assistance programs
- ◆ **Website:** <http://www.feedingamerica.org/>

Greater Chicago Food Depository

- ◆ Assist in finding food pantries, soup kitchens, shelter, or mobile food programs near you
- ◆ Assist with the Supplemental Nutrition Assistance (SNAP) program
- ◆ Provides programs for children and older adults
- ◆ **Website:** <http://www.chicagosfoodbank.org/site/PageServer>

Onward Neighborhood House

- ◆ Early Childhood and school age program
- ◆ Food pantry every Tuesday and Thursday from 9:30am to 11:30am
- ◆ **Website:** <http://www.onwardhouse.org/>

Soup & Bread

- ◆ Free weekly soup dinner at a bar and music venue
- ◆ Runs every Wednesday 5:30pm to 7:30pm starting January 8th through mid-April
- ◆ **Website:** <http://www.soupandbread.net/>

St. James Catholic Church — 2942 S. Wabash Ave (Between 29th Street and 30th Street)

- ◆ Year-round food pantry
- ◆ **Website:** <http://www.stjameswabash.org/>

St. Theresa of Avila Catholic Church

- ◆ Food pantry that distributes food four times a month. The first and third Saturdays and the second and fourth Fridays.
- ◆ **Website:** <http://www.st-teresa.net/>